



Risk Assessment Example



Section Ref	
Assessment Type	Risk Assessment
Assessment Title	
Documents used in support of this assessment	
Document Links	
People at risk	Activity Participants - Under 18s
Name of Centre/Facility	Active Schools/School Sport



Ref	Hazards Identified	How might people be harmed	Recommended control measures to examine (based on industry practice)	Control Measures in Place	PLR	PSR	RRN	Further controls measures (risk reduction action plan)	PLR	PSR	RRN
	Activity Surface.	Slips, trips and falls leading to bruising, strains, sprains and fractures.	Visual inspection before session; Remove hazards where practicable; Clean all spillages immediately; Appropriate footwear to be worn	Yes	3	2	6				0
	Obstructions and obstacles such as benches, chairs and open doors.	Collisions or trips that could result in injuries.	Visual inspection for obstacles and obstructions before the session. Remove any items that may cause injury.	Yes	2	2	4				0
	Equipment.	Mechanisms can lead to entrapment when assembling and dis-assembling. Sharp edges can cause cuts. Damaged equipment can result in injury.	Ensure that persons using/setting up equipment are either appropriately trained or supervised; Ensure that equipment is well maintained and safe to use. Remove, replace or fix broken equipment immediately.	Yes	2	2	4				0
	Manual Handling	Muscular skeletal injury, crush injury, impact injury, tripping injury.	Ensure that persons manual handling are either appropriately trained or supervised; assess Task, Load and Capability of persons	Yes	2	2	4				0
	Personal Clothing and effects	Jewellery could cause injury to the player and other participants if a collision occurs; Clothing can cause trips or catch; footwear can cause slips, trips, sprains and strains; bags, water bottles can cause trips	Ask all participants to remove jewellery before the activity begins; Appropriate clothing to be worn for the activity and environment; Appropriate foot wear for the activity and surface, check laces and soles; personal effects should be stored away from activity area.	Yes	2	2	4				0

	Age and Stage of Participants	Mismatching of participants size, weight, strength or ability has potential to cause injury	Ensure participants are put in appropriate groups for activities. Ensure activities are appropriate for participants	Yes	1	2	2			0
	Warm Up and Cool Down	Sprains and Strains	Ensure an appropriate warm up and cool down take place for the activity.	Yes	1	1	1			0
	Collisions or Contact	Collisions between participants could result in head injury, cuts, bruising and fractures.	Ensure rules/safety procedures are explained and followed. Wear appropriate PPE if applicable.	Yes	2	2	4			0

Date of assessment
1st Review date
2nd Review date

Assessor:
Assessor:
Assessor:

Validity period 1 year unless significant change occurs

RECOMMENDATIONS FOR RISK REDUCTION

Action	By When	By Whom?	Completed