

SWIM ZONE
Pool Timetable

Main Pool		<div>06:00 - 07:00</div> <div>07:00 - 08:00</div> <div>08:00 - 09:00</div> <div>09:00 - 10:00</div> <div>10:00 - 11:00</div> <div>11:00 - 12:00</div> <div>12:00 - 13:00</div> <div>13:00 - 14:00</div> <div>14:00 - 15:00</div> <div>15:00 - 16:00</div> <div>16:00 - 17:00</div> <div>17:00 - 18:00</div> <div>18:00 - 19:00</div> <div>19:00 - 20:00</div> <div>20:00 - 21:00</div> <div>21:00 - 22:00</div>															
Monday	1	CLOSED	club	Lane Swim			Lane Swim	AQUAFIT							Aqua Fit	Aqua Fit	General Swim
	2		club		GENERAL SWIM				GENERAL SWIM		Learn to swim						
	3																
	4																
Tuesday	1	CLOSED	club	Lane Swim			Lane Swim	Learn to swim									
	2		club						GENERAL SWIM		Learn to swim				club		
	3					Learn to swim											
	4																
Wednesday	1	CLOSED		Lane Swim	Learn to swim		Aqua Fit			General Swim					DISPORT CLUB	club	
	2															club	
	3															General Swim	
	4																
Thursday	1	CLOSED	club	Lane Swim			Lane Swim			GENERAL SWIM					Aqua Fit	club	
	2		club													club	
	3					Learn to swim		Learn to swim			Learn to swim						General Swim
	4																
Friday	1	CLOSED		Lane Swim			Lane Swim										
	2				General Swim						Learn to swim				GENERAL SWIM,		
	3																
	4																
Saturday	1	CLOSED					Lane Swim			General Swim (subject to change for Hope group)							
	2		swim club														
	3			Learn to swim		GENERAL SWIM											
	4																
Sunday	1	CLOSED			Learn to swim		Lane Swim										
	2									Swim club 2-4.30		General Swim					
	3																
	4																

Please note that there may be slight change in the main pool at certain days/times due to school swimming lessons.

Boom Area	06:00 - 07:00		07:00 - 08:00		08:00 - 09:00		09:00 - 10:00		10:00 - 11:00		11:00 - 12:00		12:00 - 13:00		13:00 - 14:00		14:00 - 15:00		15:00 - 16:00		16:00 - 17:00		17:00 - 18:00		18:00 - 19:00		19:00 - 20:00		20:00 - 21:00		21:00 - 22:00	
Monday	swim club 6.30-7.30								Learn to Swim			GENERAL SWIM						Learn to Swim														
										Learn to Swim					Learn to swim				Learn to Swim				CLUB									
Tuesday	swim club 6.30-7.30								Learn to Swim							Learn to swim				Learn to Swim				DISPORT CLUB				club				
										Learn to Swim							Learn to swim				Learn to Swim				DISPORT CLUB		club					
Wednesday										Learn to Swim							Learn to swim				Learn to Swim				DISPORT CLUB		club					
										Learn to Swim							Learn to swim				Learn to Swim				DISPORT CLUB		club					
Thursday	swim club 6.30-7.30								Learn to Swim							Learn to Swim				Learn to Swim						club						
										Learn to Swim							Learn to Swim				Learn to Swim						club					
Friday										Learn to Swim					Learn to Swim								General swims									
										Learn to Swim					Learn to Swim								General swims									
Saturday	Closed	swim club 7.00-8.30am								Learn to Swim			GENERAL SWIM						Closed													
Sunday	Closed							Learn to Swim					swim club 2-4.30pm		General swims		Closed															

Please note that there may be a reduced programme on certain days/times with regards to school swimming lessons

