

SWIM ZONE

Pool Timetable

Main Pool		06:00 - 07:00		07:00 - 08:00		08:00 - 09:00		09:00 - 10:00		10:00 - 11:00		11:00 - 12:00		12:00 - 13:00		13:00 - 14:00		14:00 - 15:00		15:00 - 16:00		16:00 - 17:00		17:00 - 18:00		18:00 - 19:00		19:00 - 20:00		20:00 - 21:00		21:00 - 22:00		
Monday	1	CLOSED	Lane Swim																AQUAFIT															
	2		GENERAL SWIM																												General Swim			
	3												GENERAL SWIM										Learn to swim											
	4																																	
Tuesday	1	CLOSED	Lane Swim						Lane Swim				Learn to swim														club							
	2												GENERAL SWIM										Learn to swim											
	3																																	
	4																																	
Wednesday	1	CLOSED	Lane Swim						Learn to swim				Aqua Fit				General Swim								DISPORT CLUB				General Swim					
	2		Learn to swim																															
	3																																	
	4																																	
Thursday	1	CLOSED	Lane Swim						Lane Swim				GENERAL SWIM										Aqua Fit				General Swim							
	2																Learn to swim				Learn to swim													
	3																																	
	4		Learn to swim																															
Friday	1	CLOSED	Lane Swim						Lane Swim				GENERAL SWIM,																					
	2		General Swim																															
	3																																	
	4																																	
Saturday	1	CLOSED			swim club						Lane Swim		General Swim										CLOSED											
	2																																	
	3				Learn to swim		GENERAL SWIM																											
	4																																	
Sunday	1	CLOSED							Lane Swim		GENERAL SWIM,										CLOSED													
	2																																	
	3																																	
	4																																	

Please note that there may be slight change in the main pool at certain days/times due to school swimming lessons.

Boom Area	06:00 - 07:00		07:00 - 08:00		08:00 - 09:00		09:00 - 10:00		10:00 - 11:00		11:00 - 12:00		12:00 - 13:00		13:00 - 14:00		14:00 - 15:00		15:00 - 16:00		16:00 - 17:00		17:00 - 18:00		18:00 - 19:00		19:00 - 20:00		20:00 - 21:00		21:00 - 22:00	
Monday	Lane Swim						Learn to Swim										Learn to Swim					General swims										
Tuesday	Lane Swim						Learn to Swim							Learn to swim					Learn to Swim					Swimming CLUB								
Wednesday	Lane Swim						Learn to Swim							Learn to swim					Learn to Swim						DISPORT CLUB			General swims				
Thursday	Lane Swim						Learn to Swim							Learn to Swim					Learn to Swim					General swims								
Friday	Lane Swim						Learn to Swim							Learn to Swim										General swims								
Saturday	Closed		swim club 7.00-8.30am						Learn to Swim				GENERAL SWIM										Closed									
Sunday	Closed		General swims																Closed													

Please note that there may be a reduced programme on certain days/times with regards to school swimming lessons

