

SWIM ZONE Pool Timetable

Main Pool		06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00		
Monday	1	CLOSED				Lane Swim			Aqua Fit						Aqua Fit	Aqua Fit	Lane Swim		
	2		GENERAL SWIM									Learn to swim					General Swim		
	3																		
	4																		
Tuesday	1	CLOSED				Lane Swim									Bellshill sharks				
	2		GENERAL SWIM						GENERAL SWIM			Learn to swim							
	3																		
	4																		
Wednesday	1	CLOSED				Aqua Fit									Dis-sport club		GENERAL SWIM, (Subject to change)		
	2		GENERAL SWIM						GENERAL SWIM			Learn to swim							
	3																		
	4																		
Thursday	1	CLOSED				Lane Swim									Aqua Fit				
	2		GENERAL SWIM						GENERAL SWIM			Learn to swim							
	3																		
	4																		
Friday	1	CLOSED				Lane Swim											General swim		
	2		GENERAL SWIM						Learn to swim										
	3																		
	4																		
Saturday	1	CLOSED	Airdrie & Coatbridge ASC								GENERAL SWIM			General swim (subject to change)		CLOSED			
	2		Learn to swim		GENERAL SWIM			GENERAL SWIM											
	3																		
	4																		
Sunday	1	CLOSED				Lane Swim									General swim (subject to change)		CLOSED		
	2		GENERAL SWIM						GENERAL SWIM										
	3																		
	4																		

Please note that there may be slight change in the main pool at certain days/times due to school swimming lessons.

Boom Area		06:00 - 07:00	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday					Learn to Swim				Learn to Swim			Learn to Swim		Aqua Fit			
Tuesday					Learn to Swim				Learn to Swim		Learn to Swim						
Wednesday					Learn to Swim		Aqua Fit		Learn to Swim		Learn to Swim						
Thursday					Learn to Swim				Learn to Swim		Learn to Swim			Aqua fit			
Friday					Learn to Swim				Learn to Swim			Learn to Swim					
Saturday					Learn to Swim									CLOSED			
Sunday														CLOSED			

Please note that there may be a reduced programme on certain days/times with regards to school swimming lessons

