Tryst Sports Centre
Pool Timetable

Main Pool

	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday	Closed	Gereral Public/Laned Swim								Learn To Swim	Swim Club Tryst			General Public/Laned Swim Life Saving Club	
										Swim Club Tryst					
Tuesday	Swim Club	Gereral Public/Laned Swim								Learn To Swim	Swim Club Tryst			General Public/Laned Swim	
										Swim Club Tryst					
Wednesday	Swim Club	Gereral Public/Laned Swim								Learn To Swim	Swim Club Tryst			Sub Aqua Club General Public/Laned Swim	
Thursday	Swim Club	Gereral Public/Laned Swim								Learn To Swim	Swim Club Tryst			General Public/Laned Swim	
										Swim Club Tryst					
Friday	Closed	Gereral Public/Laned Swim						Learn To Swim		Learn To Swim		Swim Club Tryst		General Public/Laned Swim	
										Swim Club Tryst					
Saturday	Closed	Learn To Swim									Closed	Saturday Night Project			Closed
		Gereral Public/Laned Swim													
Sunday	Closed	Gereral Public/Laned Swim		Learn To Swim		General Public/Laned Swim					Swim Club Tryst				
		General Public/Laned Swim						Staff Training							

Please Note: Main Pool General Public/Laned Swim Will Have Some Laned Swimming Throughout Each Session

Improvers Pool

	07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday	Closed	General Public Swim			AquaFit	Closed		Learn To Swim		Closed	Learn To Swim		General Public Swim		Closed
Tuesday	Closed	Schools Swimming			Aqua Fit	General Swim	Schools Swimming		General Public Swims	Learn To Swim			General Public Swim		Closed
Wednesday	Closed	Schools Swimming			General Public Swims		Schools Swimming		General Public Swims	Learn To Swim		General Swim	AquaFit	General Swim	Closed
Thursday	Closed	Schools Swimming			Closed	AquaFit	Schools Swimming		General Public Swims	Learn To Swim			General Public Swim		Closed
Friday	Closed	General Public Swim				Aqua Fit				Learn To Swim			General Public Swim		Closed
Saturday	Closed			Gereral Public Swim						Closed		Saturday Night Project			Closed
Sunday	Closed			Learn To Swim	General Swim							General Swim		Closed	

Please Note: Schools Swimming in the Improvers Pool will be Term Time

Teaching Pool

		07:00 - 08:00	08:00 - 09:00	09:00 - 10:00	10:00 - 11:00	11:00 - 12:00	12:00 - 13:00	13:00 - 14:00	14:00 - 15:00	15:00 - 16:00	16:00 - 17:00	17:00 - 18:00	18:00 - 19:00	19:00 - 20:00	20:00 - 21:00	21:00 - 22:00
Monday	1	Closed		Learn To Swim				Closed		Learn To Swim		Closed	General Public Swim			Closed
	2	Closed		General Public Swim			Learn To Swim	General Public Swim		Learn To Swim		Closed	General Public Swim			Closed
Tuesday	1	Closed		Learn To Swim		Closed	Learn To Swim	Closed		Learn To Swim			General Public Swim			Closed
	2	Closed		General Public Swim			Learn To Swim	General Public Swim		Learn To Swim			General Public Swim			Closed
Wednesday	1	Closed		Learn To Swim		Closed	Learn To Swim	Closed		Learn To Swim			General Public Swim			Closed
	2	Closed		General Public Swim			Learn To Swim	General Public Swim		Learn To Swim			General Public Swim			Closed
Thursday	1	Closed		Learn To Swim		General Public Swim	Learn To Swim						General Public Swim			Closed
	2	Closed		General Public Swim						Learn To Swim			General Public Swim			Closed
Friday	1	Closed		Learn To Swim		Closed	Learn To Swim	Closed		Learn To Swim			General Public Swim			Closed
	2	Closed		General Public Swim		Closed	General Public Swim			Learn To Swim			General Public Swim			Closed
Saturday	1	Closed	Learn To Swim			General Public Swim					Closed	Saturday Night Project				Closed
	2	Closed	Learn To Swim			General Public Swim					Closed	Saturday Night Project				Closed
Sunday	1	Closed	Learn To Swim			General Public Swim						General Swim		Closed		
	2	Closed	Learn To Swim			General Public Swim						General Swim		Closed		